

Therapeutic Learning Framework© Course

– Aim for a fully functioning client

Overview

This workshop provides an overview of the Therapeutic Learning Framework© materials and is designed to enable therapists to use them with their own clients. It covers the academic research behind the materials, the recommended protocol for their use and practical experience in putting them into practice. A full set of the materials are provided for participants to take away along with a certificate of attendance as proof of CPD.

Aims

The aim of the workshop is to enable therapists to use the Therapeutic Learning Framework© with their clients to a consistent and professional standard. It is designed to provide the underpinning knowledge and practical expertise necessary to ensure the effective use of the instruments in a therapeutic setting.

Objectives

The objectives of the course are for participants to:

- Gain an overview of the Therapeutic Learning Methodology from which materials were developed.
- Understand the underpinning theory which supports the Therapeutic Learning Framework© materials
- To understand what a 'fully functioning' client may be
- Understand the recommended approach (derived from research with other therapists) for use of the materials with clients.
- To practise use of the materials in the workshop setting in preparation for implementation with clients.

Methodology

This is an informal, interactive workshop designed for small groups of therapists. It is designed to include some formal presentation of research data, but is mostly based on a discussion format allowing for Q&A's, or more practical exercises which put the materials into practice.

Content

Introduction (9am - 9.15am)

Admin, introductions.

Session 1: (9.15am – 10am)

Therapeutic Learning overview – a new approach to enabling positive therapeutic outcomes.

(Break) (10mins)

Refreshments provided.

Session 2 (10.10am – 10.50)

The underpinning theory behind the Therapeutic Framework – what is a fully functioning client?

Session 3 (10.50am – 11.40am)

Protocol for using the Therapeutic Framework materials (TLF A and B).

(Break) (10mins)

Refreshments provided.

Session 4 (11.50am – 12.40am)

Practical activity designed to enable experience of how the materials work in practise.

Close (12.40 – 1pm)

Final questions.

Admin

Location

The open course is run in the Peak District – around 1hr drive from Manchester or 30mins from Sheffield. Alternatively a workshop can be booked in-house at a venue of your choice.

Fees

The open workshop fee is £95 per person, which includes the Therapeutic Learning Framework© Therapists Pack and a certificate of attendance.

An in-house workshop fee is £665 for up to 8 people and also includes a copy of the Therapeutic Learning Framework© Therapists Pack for each attendee, with certificates of attendance.

Timing

This is a 4 hr workshop which can be completed in a morning or an afternoon.

Booking

Please contact sue@suerenger.co.uk for booking enquiries. Please advise if you have special needs.